

The Connections Meet-Up Group



Over-Easy Exercisers

Let's "meet-up" at **The Jo Brown Center** for a special demonstration of the "Over-Easy Exercisers!" The center is a piece of history in the Anderson community. This can be your first step to a healthy new year!!!

Please join the Alzheimer's Association's for this unique opportunity! Come out and make new friends with the Early-Stage Engagement group, **The Connections Meet-Up Group!!** This group is intended for those people living with early/mid-stage dementia & a guest (this could be their family, friends or professional companion). This group is a great way to get connected with others on the same journey and learn about local resources. They say that "variety is the spice of life" so let's add some to yours!

NEW TIME & DAY!!! The group meets the 2nd Friday of the month at 1:30pm; the location and activities vary each month.

Early Stage Engagement Leader:

Kathleen Guilbault:

864-225-3139

kguilbault@carishealthcare.com

January Meet-Up Information:

Friday, 1/10/2020 at 1:30pm

at the:

The Jo Brown Center

101 S. Fant Street, (A), Anderson

Call for questions &
RSVP by 1/9

