



Senior Health & Wellness Expo

SUMMERVILLE FAMILY YMCA @ The Ponds
October 13th
10 a.m. – 2 p.m.



- Free Health Screenings
- Free Fitness Demos
- Free Nutrition Education Seminars

If you would like to attend, please register by going to www.summervilleymca.org or email StacyV@SummervilleYMCA.org

If you would like to register as a vendor, please email Jan Hyatt, noahdir@thearkofsc.org or call 843-822-4703.