



# EMPOWERING **SENIORS** WITH TOOLS FOR WELLNESS AND **SAFETY**

## JOIN US FOR AN INFORMATION **SESSION**

With simple tools, learn key ways to prepare for emergencies and, create a care plan to prevent falls and hospitalizations



- Home Safety monitoring options
- Slip and Fall Safety
- Intruder or Abuse safety
- Importance of reassessment
- Regaining independence



# Thursday 11.10.2022

2:30-3:30pm

**IN THE AUDITORIUM OF THE PALMS AT MT PLEASANT**

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