



Council on Aging

CHARLOTTE-MECKLENBURG

Please join us for the

2023 LEGISLATIVE BREAKFAST **WELLNESS**

- FINANCIAL WELLNESS
- NUTRITION WELLNESS
- HOME SAFETY AND WELLNESS
- ENJOY A BREAKFAST BUFFET
- CONNECT WITH LOCAL LEADERS AND ELECTED OFFICIALS
- ASK QUESTIONS AND VOICE YOUR CONCERNS
- LEARN FROM OTHERS' EXPERIENCES
- ENGAGE WITH LOCAL WELLNESS PROGRAMS AND RESOURCES

BREAKFAST SPONSORED BY



SOUTHMINSTER

TUESDAY, MAY 23, 2023 | 9:00AM

REGISTRATION AND BREAKFAST BEGINS: 9:00AM

PROGRAM BEGINS : 9:30AM

EASTWAY RECREATION CENTER • 3150 EASTWAY PARK DR. • CHARLOTTE, NC

**Please RSVP to (980) 224-0882
or info@meckcoa.org**

It's your future....make sure it's senior friendly!



**Mecklenburg County
Park and Recreation**