



Jo Pauling-Jones

As a non-profit executive and community leader Jo Pauling-Jones has dedicated her life to addressing the needs of the underserved, as well as advocating for causes and initiatives that assist vulnerable populations in accessing the services, information, and resources necessary to improve their health and well-being.

Jo is a native South Carolinian with more than 37 years of executive leadership, community engagement, advocacy, and outreach experience. She enjoys connecting with people and credits that joy for allowing her to establish the deep relationships she has with people in every region of the Palmetto State.

Professionally, Ms. Pauling-Jones served in multiple executive and leadership roles during career with the Sisters of Charity Health System Ministries, the Lexington Richland Alcohol and Drug Abuse Council, as well as County and State Government. She holds both her Bachelor of Science and Master of Education degrees from Winthrop University.

AARP's mission of empowering people to choose how they live as they age aligns with Jo's passion for helping people. As she shares AARP's advocacy, information, and resources her goal is to be innovative, inclusive, and impactful for South Carolinians so that everyone can live their best lives.

Active in her community, Ms. Pauling-Jones attends Rehoboth Baptist Church, is a member of Delta Sigma Theta Sorority, Inc., and the USC Women's Basketball Mentoring Program. She is also a graduate of the Inaugural Hull Leadership Program (2000) Southeastern Council of Foundations, and a 2002 graduate of Leadership Columbia. She has received numerous honors, including the HOPE Worldwide South Carolina Gail D. Chisholm Community Advocate Award, the Coach Dawn Staley Community Service Honor, and the Palmetto Center for Women TWIN (Tribute to Women in Industry) Award.

Jo is the wife of Louie C. Jones, mother of Alex, Liz (Jaylen) and Christiaan and grandmother to Noah. She enjoys spending time with her family, especially at their 5th Sunday Dinners, and with her friends as often as possible. She enjoys reading and has been a member of the Know Name Book Club for 26 years. Whenever possible, she loves relaxing, cooking and for those who know her well – laughing!