

# CLEVELAND COUNTY CAREGIVER SUPPORT GROUP



## TerraBella Shelby

1550 Charles Rd  
Shelby, NC 28512

Meets the fourth Thursday of every  
month from 5:30-6:30 PM

Pre-registration is required.

Stacy Farmer, Support Group Facilitator

Call or text 980.522.6484

### HOSTED BY



### Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.

Visit [alz.org/northcarolina](https://alz.org/northcarolina) to learn more about caregiver programs and resources. To further extend your network of support, visit ALZ connected®, our online community, at [alzconnected.org](https://alzconnected.org).