



The Empowered Caregiver

Virtual Education Series

Learn how to navigate the responsibilities of caring for someone living with dementia and receive activities to apply person-centered care approaches to your own caregiver situation. Attendees will receive the Zoom login information and all programs will be recorded.

August 1 | 6:00-7:00 PM

Building Foundations of Caregiving

Explores the role of caregiver and changes they may experience, building a support team and managing caregiver stress.



August 8 | 6:00-7:00 PM

Supporting Independence

Focuses on helping the person living with dementia take part in daily activities, providing the right amount of support and balancing safety and independence while managing expectations.

August 15 | 6:00-7:00 PM

Communicating Effectively

Teaches how dementia affects communication, including tips for communicating well with family, friends and health care professionals.



August 22 | 6:00-7:00 PM

Responding to Dementia-Related Behaviors

Details common behavior changes & how they're a form of communication, non-medical approaches to behaviors and recognizing when help is needed.

August 29 | 6:00-7:00 PM

Exploring Care and Support Services

Examines how best to prepare for future care decisions and changes, including respite care, residential care and end-of life care.

TO REGISTER:

800.272.3900

tinyurl.com/CaregiverAugust

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