



CHARLOTTE MECKLENBURG COUNCIL ON AGING IS  
CONTINUING THIS POPULAR COMMUNITY PROGRAM!



# Brain Booster Club

CHARLOTTE-MECKLENBURG COUNCIL ON AGING

**WE INVITE YOU TO JOIN  
OUR 4-WEEK EVENT**

**MONDAYS: SEPTEMBER 9 - 30, 2024  
2 PM - 3:30 PM**

**SHARON AT SOUTHPARK - MULTI-PURPOSE ROOM**

**REFRESHMENTS WILL BE SERVED**

**THE BRAIN BOOSTER CLUB IS DESIGNED TO DO EXACTLY WHAT IT SAYS...**  
*BOOST YOUR BRAIN! KEEP YOUR BRAIN ACTIVE, WARD OFF STRESS, CHANGE HOW YOU THINK  
ABOUT YOUR BRAIN HEALTH AND DISCOVER HOW TO SUPPORT ITS FULL POTENTIAL*

**REGISTER AT:**  
**[HTTPS://TINYURL.COM/BRAINBOOSTERCLT](https://tinyurl.com/brainboosterclt)**

— THE —  
**SHARON**  
AT SOUTHPARK  
»»» ❁ «««

 **ALZHEIMER'S  
ASSOCIATION**

**OR SCAN THE  
QR CODE**

