

Please Join Us for the 15th Annual
*Hope and Help for the
Holidays and Beyond*

A grief seminar

Monday, November 10, 2025
9am to 3pm*

(*NOTE: This year's seminar is on a MONDAY)

For anyone who has experienced loss
and grief in their own life, as well as professionals
who help grieving individuals and their families.

Keynote Speaker & Morning General Session:

**Dr. Robert Neimeyer – It's Beginning to Look a lot
Like Crisis: Understanding and Managing
Grief Attacks During the Holidays**

Small Group Topics:

**Estate Planning: An Introduction to
Wills, Trusts, & Probate – James Lyon, J.D.**

**Music Therapy & Grief: How the Arts Help Process Grief –
DJ Poplin, MT-BC; Interim HealthCare Hospice of the Upstate**

**How Do We Know When Grief Is Complicated? –
Dr. Robert Neimeyer**

**Loneliness/Isolation –
Lucy Henry, LPC, CEAP-MDiv and EdS in MFT**

**The Grief of Gen Z in a Phone-Based World: Canaries in a
Coal Mine – David B. Gladson, BCC, Hospice of NGMC**

**Navigating the Grief of the Death of an Infant –
Susannah Baldwin, LPC, PMH-C**

**Embracing the Journey: Funeral Planning and Hospice
Care – Mackey & Interim Teams**

**Self-Care: A Ritual of Repair After Loss –
Annie Myers, MDiv, DD, SCC-BC**

Closing Session:

**Dr. Robert Neimeyer – From Trauma
to Transformation: Growing through Grief**

Our teams have been honored to come together each year
to provide this special day of education, hope and healing
to our community. We consider it a privilege to provide this
important day at **no cost** to you.

**Lunch is included as well as educational credits
(CEU's) for professionals.**

To register, please visit **UpstateGriefSeminar.com**
by **Wednesday, November 5.**

Space is limited to 250

**If unable to register online, or for questions:
864-244-0978**

Poinsett Club

807 E. Washington St. • Greenville, SC 29601

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