



# Health talk: 10 warning signs for Alzheimer's disease

## Why is my remote in my refrigerator?

Join Novant Health Matthews Medical Center as we partner with the Alzheimer's Association to offer a program about Alzheimer's and dementia. Alzheimer's and other dementias cause memory, thinking and behavior problems that interfere with daily living. In this session, you will learn how to recognize common signs of the disease and how to approach someone about memory concerns. We will evaluate the importance of early detection and benefits of a diagnosis. In addition, we will identify possible tests and assessments in the diagnostic process, and provide Alzheimer's Association resources. The program will end with time for questions.



**To register, email Karla Aldridge, MSN, RN, at [ksennis@NovantHealth.org](mailto:ksennis@NovantHealth.org).**

Zoom link provided upon registration.

**Tuesday, Feb 9, 2021 • 5:30 to 6:30 p.m.**

