

## NAVIGATING A DEMENTIA DIAGNOSIS

The diagnosis of Alzheimer's disease is life-changing and leads to many questions.

These programs are open to individuals with a recent diagnosis and/or are in the early stages of Alzheimer's and related dementia diseases, their families and care-partners, and anyone interested in learning more about planning, resources and services that are available.

### WHAT DOES THIS DIAGNOSIS MEAN? (PART 1)

February 10, 2021 | 12:00-1:15 PM

Understanding the disease and diagnostic process, symptoms of early stage and approaches to managing, and the relationship(s) among doctors, patients, and care partners.

### THE POWER OF PLANNING (PART 2)

February 17, 2021 | 12:00-1:15 PM

Care planning / care teams / care management, legal and financial overview, and an exploration of family and friends, relationships, and self-care.

### LIVE WELL (PART 3)

February 24, 2021 | 12:00-1:15 PM

Alzheimer's Association Early-Stage Advisors sharing their experiences living with Alzheimer's and other dementias.

## MORE INFORMATION & TO REGISTER:

[tinyurl.com/NavigatingALZFeb2021](https://tinyurl.com/NavigatingALZFeb2021) | 800.272.3900

— Participants can attend programs online or by phone —