



**FOR IMMEDIATE RELEASE**

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**Senior Issues Group to Host AARP HomeFit Guide Workshop for Upstate Seniors and Caregivers**

*This Virtual Event Will Provide Information on How to Maximize Home Safety, Comfort and Livability for Elders*

**GREENVILLE, SC | March 23, 2021** - On Wednesday, March 31<sup>st</sup> at 11:00 a.m., the Senior Issues Group, an initiative of Ten at the Top, will host a virtual workshop on AARP's HomeFit Guide. Featuring Lorraine Simmons, AARP SC Lead Volunteer for Livable Communities, and Sheree Muse, AARP SC Associate State Director of Community Outreach, this presentation will teach guests how to maximize a home's comfort, safety, and livability for older adults and people of all ages. Sponsored by Upstate Home Care Solutions, the Better Business Bureau (BBB) and AARP, this free event is open to the public and specifically geared towards seniors and senior care providers.

"Retiring and remaining in the home is certainly the most desirable situation for most seniors as they live out their golden years; however, to do so will require strategic planning from families to ensure their loved one can safely age in place," said, James Bennett, Founder and CEO of Upstate Home Care Solutions. "AARP's HomeFit Guide is a great resource for families to consider in the long-term planning for their loved one."

Seniors age 60 and above make up over 25% of the Upstate's population. Considering South Carolina's status as a top retirement destination, it is important that the Upstate identifies and addresses issues our aging population may face. Three primary barriers to seniors living to their full potential have been identified: home needs (minor repairs, lawn care, etc.), food access, and transportation. Senior Issues Group works to find solutions to these problems to ensure residents of all ages are equipped to remain independent. This AARP HomeFit Guide workshop will give older residents and family caregivers tools to help make sure their homes safely accommodate their needs.

"Better Business Bureau of the Upstate is looking forward to being a part of the AARP educational workshop that gives our older residents an option to go about their daily activities while staying comfortable, independent, and injury-free in their homes" said Vee Daniel, President of BBB of the Upstate.

"AARP research consistently finds that the vast majority of people age 50 and older want to stay in their homes and communities for as long as possible," said Muse. "AARP takes showing up for the 50+ as a wise friend very seriously, that's why we ensure our resources like Homefit Guide are free and available to the public."

This presentation on the AARP HomeFit Guide will walk through tips and suggestions to help make your residence suitable for household members of any age or lifestyle, and to turn your beloved house into a "lifelong home."

Click [here](#) to register for this workshop hosted by Ten at the Top's Senior Issues Group. To learn more about the resources provided by the Senior Issues Group, please click [here](#).

**ABOUT TEN AT THE TOP**

Comprised of public, private and civic leaders across the ten-county Upstate South Carolina Region, Ten at the Top was created to build regional trust and consensus through data-driven research and regular convening of leaders and citizens to address key issues facing the region. Ten at the Top works with regional partners to encourage quality growth and enhance the economic vitality, natural and cultural resources and quality of life for Upstate residents both today and as the region continues to grow. [www.tenatthetop.org](http://www.tenatthetop.org).

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