



No one should face Alzheimer's alone. Available in-person or online, our education programs feature information on topics including the signs of Alzheimer's disease, diagnosis, communication, living with dementia and caregiving techniques. Registration is required, and registrants will be sent additional details prior to the date of the program. Full program descriptions can be found on our website.

IN-PERSON PROGRAMS

Dementia 101 Series Winston Salem, NC

October 5 | 10:00-11:30 AM

Effective Communication Strategies and Understanding
and Responding to Dementia Related Behaviors

October 19 | 10:00-11:30 AM

Healthy Living for Your Brain & Body

VIRTUAL PROGRAMS

10 Warning Signs of Alzheimer's &
Plan for the Expected, Prepare for the Unexpected
October 19 | NOON-1:00 PM

Understanding Alzheimer's and Dementia
October 4 | 10:00-11:00 AM

The Confident Caregiver
October 19 | 6:00-7:00 PM

Ask the Expert: Legal & Financial Issues
October 18 | 6:00-7:30 PM

Advancing the Science: The Latest in Alzheimer's
& Dementia Research
October 5 | NOON-1:00 PM

TO REGISTER PLEASE CALL

800.272.3900

OR VISIT

act.alz.org/NCmonthlyprograms