



THE  
**BLAKE**  
HOLLINGSWORTH PARK  
—VERDAE—



# Ask the Expert

WITH THE BLAKE AT HOLLINGSWORTH PARK

Don't miss this unique opportunity to learn and  
connect with local experts.

**January 24:** *New Year, New YOU!*

**February 14:** *The Heart of Caregiving*

**March 20:** *The Dementia Experience*

We look forward to sharing these informative experiences  
with you and your family.

*Don't miss out!*

RSVP by calling **(864) 399-1328** or email  
[nancy.long@blakeliving.com](mailto:nancy.long@blakeliving.com)



Greenville's Premier Assisted Living and Memory Care Community  
360 Woodruff Rd. | Greenville, SC 29607 | [blakeathollingsworthpark.com](http://blakeathollingsworthpark.com)





# Ask the Expert

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Join us each month for this special speaker series!

**Wednesday, January 24 | 2:00 P.M.**

Registered Dietician Rachel Harris will present "New Year, New YOU!" a healthy eating class featuring a cooking demonstration with Chef Ranon Holloway, Director of Dining Services.

**Wednesday, February 14 | 1:00 P.M.**

Geriatric Resource Services will present "The Heart of Caregiving" led by Bonnie Noble Silberman, LMSW, C-ASWCM. Heart-healthy refreshments will be provided.

**Wednesday, March 20 | 1:00 P.M.**

Elizabeth Rogers, RN, BSN and nurse educator with Gentiva Hospice will present "The Dementia Experience." Light refreshments will be provided.

*Space is limited, reserve your spot!*

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**BLAKEATHOLLINGSWORTH PARK.COM**

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