

# If you want to stay active, keep us in mind.

**We are recruiting volunteers age 65+ for the ACTIVE MIND research study to see if computerized brain training exercises can prevent Alzheimer's disease.**

You may qualify if you:

- Do not have dementia such as Alzheimer's disease
- Have not had a major stroke or serious brain injury
- Have some difficulty with your memory

Study participation takes at least two years and requires you to attend in person study visits. Participants will be asked to complete at least 40 hours of computerized training exercises. Enrolled participants receive a free tablet. You may be compensated up to \$150 for study compensation.

## **Potential benefits of computerized brain training**

Research has shown that these exercises may:

- Protect against dementia such as Alzheimer's disease
- Enhance mental quickness and visual attention
- Improve gait speed and balance
- Improve driving safety
- Maintain health and well-being
- Improve everyday abilities
- Protect against depression

**To see if you qualify for the ACTIVE MIND study, please call:**

# (864) 916-6220



CLEMSON® UNIVERSITY  
**INSTITUTE FOR  
ENGAGED AGING**

**ACTIVE MIND**  
We train your brain.™

